

# Pain

We quiver long in the vortex of our pains,  
Till pain appears to be the inseparable and meaningful part of life.

Pain is not the catharsis of our sins,  
But the nature of life,  
It must be respected as we respect birth, pleasure, or death,  
Do not fight different natural aspects of life,  
But get life to work as a whole for some goal.

Pain is the built-in element of life  
We must not avoid,  
The grandeur of life seems to be realizable only with some of it.

Pain does not matter,  
If we are set to live for things larger than ourselves.